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*James Lence.*



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(Ken)

ZHS





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1. The first part of the document discusses the importance of maintaining accurate records of all transactions. It emphasizes that proper record-keeping is essential for the transparency and accountability of the organization. This section also outlines the various methods used to collect and analyze data, ensuring that the information is reliable and up-to-date.

2. The second part of the document focuses on the implementation of the proposed changes. It details the steps involved in the process, from the initial planning stage to the final execution. This section highlights the challenges faced during the implementation and provides solutions to overcome them. It also discusses the role of each department in ensuring the successful completion of the project.

3. The third part of the document provides a summary of the findings and conclusions. It reiterates the key points discussed in the previous sections and emphasizes the importance of continued monitoring and evaluation. This section also includes recommendations for future research and development, aiming to improve the overall performance of the organization.

4. The fourth part of the document is a conclusion. It summarizes the main findings of the study and provides a final statement on the importance of the research. It also includes a list of references and a bibliography, providing a comprehensive overview of the sources used in the study.

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ZHS



# ANUAL OF PRAYERS

FOR

YOUNG PERSONS,

OR

*(Thomas) Bp. of Bath and Wells*

BISHOP KEN'S WINCHESTER MANUAL

ADAPTED TO GENERAL USE.

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LONDON:

PRINTED FOR C. & J. RIVINGTON,

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AND WATERLOO-PLACE, FALL-MALL.

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1826.



## ADVERTISEMENT.

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THE following work has been undertaken in compliance with a wish expressed by several persons, that the Manual of Prayers, composed by Bishop Ken, for the use of the Scholars of Winchester College, might be presented to the public freed from allusions to the customs of that School, and from such antiquated expressions, as render it less adapted to general use in the present day. The alterations adopted in this edition consist, chiefly of omissions, but few sentences having been inserted, and those only in places where the sense of the passage would otherwise have been incomplete. The directions which precede the Prayers have been generally abridged, and in the latter part of the Manual, a somewhat different

---

conscious that he has undertaken  
the task. In the completion  
therefore forbore to rely on his  
own; and having availed himself  
of the advice and counsel of others, his  
present edition has lost but  
little of the original spirit of the former.  
It will prove a faithful guide  
to devotion, not only to the young,  
but to those more advanced in years.

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A  
**MANUAL OF PRAYERS**  
FOR  
**YOUNG PERSONS;**

ORIGINALLY DESIGNED FOR THE  
USE OF THE SCHOLARS OF WINCHESTER COLLEGE.

---

AN EXHORTATION TO THE YOUNG.

My dear Friend,

If you have any regard to your own eternal happiness, it ought to be your chiefest care to serve and glorify God. For this end, God both made and redeemed you: and two excellent rules he hath given you in Holy Scripture; by the observance of which you will be able, through his grace, to dedicate your tender years to his glory:

The one teaches you what you are to do:  
*Remember now thy Creator in the days of thy youth\*;*

\* Eccles. xii. 1.

you will gain by the practice of rules; nor how many dangers he escapes, who is imbued with the love of God, before he is sullied with iniquity. Before he hath contracted vicious habits, will cost him infinite pains to overcome; his affections are too far from God; and before the devil can get a hold on him, to be delivered, he is possessed.

Ask any aged, pious Christian, *he had* in all those sins of his youth, *he is now ashamed* †! He who has found them all to be a *vexation of spirit*, that he has his guilt, and wishes a thousand times he could live over again

neck ; for your duty will grow natural to you by beginning betimes.

Do but consider how welcome a young convert is to God : it was to young *Samuel*, that God revealed himself, and that at a time when the word of God was precious, and very rare\*. And you know that St. *John*, the youngest of all the disciples, was permitted to lean on our Saviour's bosom at the last supper, and that he is emphatically called *the disciple whom Jesus loved*†. And God encourages all young persons to serve him, when he says ; *I love them that love me, and those that seek me early shall find me*‡.

O, let this heavenly promise excite in you a great zeal to seek God ; for if you do seek, you are sure to find him ; and to reap all the happy effects of God's infinite love.

O how rich are the rewards of an early piety ! Nothing will make you a greater comfort to all your friends ! Nothing will make you more universally beloved, or more successful in your studies ! And besides that peace of conscience, which you will at present feel, think how unspeakable a joy it will be to you, in your elder years, and

\* 1 Sam. iii. 1.

† John xiii. 23.

‡ Prov. viii. 17.

how powerful a consolation on your death-bed, to call to mind not only the well-spent years of manhood, but the innocence of youth, to remember that you have spent your whole life in God's service, and have, through Christ's merits, hope of happiness in heaven.

May God, of his great mercy, make these and the like considerations effectual to create holy resolutions in you; and give you grace to make good use of these directions, which are designed to teach you, from your youth, to fear the Lord.

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#### DIRECTIONS FOR THE MORNING.

As soon as you awake in the morning strive to keep all worldly thoughts out of your mind, till you have presented the first fruits of the day to God, remembering that the Psalmist, upon happy experience assures you, that it is a good thing to tell the loving-kindness of the Lord early in the morning, and of his truth in the season\*.

\* Psal. xcii. 1, 2.

Remember that God, under the law\*, ordained a lamb to be offered up to him every morning and evening. Be sure then every day to offer up yourself a morning and evening sacrifice to God, by using one or other of the following forms of prayer.

SHORT PRAYERS FOR THE YOUNGEST  
PERSONS.

MORNING PRAYER.

GLORY be to thee, O Lord God, for all the blessings I daily receive from thee, and in particular, for thy preservation and refreshment of me this night past.

O Lord, have mercy upon me, and forgive whatsoever thou hast seen amiss in me this night; and, for the time to come, give me grace to flee all youthful lusts, and to remember thee, my Creator, in the days of my youth.

\* Exod. xxix. 38, 39.

Shower down thy *graces and blessings* me, and on all my relations (*on my father and mother, on my brothers and sisters*), on all my friends, on all my governors in this place, and on all my fellow scholars, and give thy angels charge over us, to protect us all from sin and danger.

Lord, bless me in my learning this day that I may every day grow more fit for thy service : O pardon my failings ; and do more for me, than I can ask or think, for the merits of Jesus, my Saviour, in whose holy words I sum up all my wants.

Our Father, which art in heaven, hallowed be thy Name ; Thy kingdom come Thy will be done in earth, as it is in heaven Give us this day our daily bread ; And forgive us our trespasses, as we forgive them that trespass against us ; And lead us not into temptation, but deliver us from evil : For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## EVENING PRAYER.

GLORY be to thee, O Lord God, for all the blessings I daily receive from thee, and in particular, for thy preservation of me this day.

O Lord, have mercy upon me, and forgive whatsoever thou hast seen amiss in me this day; and for the time to come give me grace to flee all youthful lusts, and to remember thee, my Creator, in the days of my youth.

Lord, receive me and all my relations, and all that belong to this place, into thy gracious protection this night; and send me such seasonable rest, that I may rise in the morning more fit for thy service.

Lord, hear my prayers, and pardon my failings, for the merit of my blessed Saviour, in whose holy words I sum up all my wants.  
*Our Father, which art in Heaven, &c.*



A MEDITATION ON THE EARLY LIFE OF J  
CHRIST,

*Which may be read on Sundays, or at  
other convenient time.*

GLORY be to thee, O Lord Jesus, g  
be to thee, who, when thou wert twelve y  
old, didst go up to *Jerusalem* with thy  
rents, after the custom of the feast, to  
the passover, and to worship thy heav  
Father \*. O blessed Saviour, give  
grace, like thee, to make religion my  
and chiefest care, and devoutly to obs  
all solemn times, and all holy rites, w  
relate to thy worship.


Glory be to thee, O Lord Jesus, glor  
to thee, who, when thy parents retu  
home, didst stay behind in *Jerusalem*,  
after three days wast found of them in  
temple, sitting in the midst of the doc  
both hearing them, and asking them quest  
O blessed Saviour, who in thy very c  
hood didst triumph over all the vain deli  
of youth, and didst love to abide in the

\* Luke ii. 41, 42.

ple of God, mortify in me *all inordinate love* of sensual pleasure, which may pervert me from my duty; raise in me an awful reverence of thy house, an early devotion in my prayers, and a delight in thy praises.

O blessed Jesu, who didst choose before all others the company of the doctors, and didst both hear them, and ask them questions, give me grace to abhor all lewd company and all filthy communication; Give me grace to love wise, and sober, and profitable, and religious conversation, and to be diligent and inquisitive after learning and whatsoever is good.

Glory to thee, O Lord Jesus, glory be to thee, who, when thy father and mother had sought thee sorrowing, didst reply to them, *How is it that ye sought me? Wist ye not that I must be about my Father's business?* O blessed Jesu, who from thine infancy didst make it thy whole employment to do thy Father's will, kindle in me a forward zeal for thy glory, that I may consecrate my youth to thy service, and make it the great business of my life, to know and fear, to love and obey my heavenly Father.



Glory be to thee, O *blessed Jesu*, who didst return home with thy parents, and was subject to them: Give me grace to honour my parents and governors, and readily obey all their lawful commands.

Glory be to thee, O Lord Jesus, who those tender years wert blessed with such heavenly wisdom, that all that heard thee were astonished at thy understanding and answers, who didst daily increase in wisdom, and in favour with God and man. O bless me with all abilities of mind and body, that I may daily increase in learning; but, above all, bless me with wisdom from above, and give me thy Holy Spirit to assist and enlighten me, that, as I grow in years, I may daily grow in grace, and in knowledge of thee, and in favour with God and man, and be every day more and more conformable to thy unspotted and divine example. *Amen*, Lord Jesus, *Amen*.

PRAYERS FOR THOSE THAT ARE MORE  
GROWN IN YEARS.

*In the Morning, at Waking, or Rising, say,*

AWAKE, O my soul, and sing praises to  
God.

Glory be to thee, O God, for watching  
over me this night.

Lord, raise me up, at the last day, to life  
everlasting.

MORNING PRAYER.

EARLY in the morning will I cry unto thee;  
Lord, hear my prayer.

Glory be to thee, Lord God Almighty,  
glory be to thee, for renewing thy mercies  
to me every morning; glory be to thee, for  
refreshing me this night with sleep, and for  
preserving me from the perils of darkness.

O do away, as the night, all my trans-  
gressions; scatter my sins as the morning  
cloud.

Lord, forgive whatever thou hast seen  
amiss in me this night.—(*Here, if you are  
conscious to yourself of any sin of thought or  
deed committed in the night, confess it.*) O

... and love thee, and  
commandments, and continue in  
the day long.

Lord, make me chaste and  
humble, and teachable, diligent in  
obedient to my superiors, and ch  
ll men.

Lord, deliver me from sloth and  
om youthful lusts and evil comp  
l dangers ghostly and bodily; an  
ace to remember thee, my Creat  
ys of my youth.

Bless, and defend, and save t  
l all the Royal Family, and all  
n amongst us, ecclesiastical  
rd, give them all grace, in the  
ions, to be instrumental to the  
public

Unto thee, O my God, do I dedicate this day, and my whole life: O do thou so bless and prosper me in my studies, that I may every day grow more fit for thy service.

Hear me, O Lord, and pardon my failings, for the merits of thy Son Jesus, in whose holy words I sum up all my wants.

*Our Father, which art in Heaven, &c.*

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Having thus said your Morning Prayer, you may go cheerfully to your study, and rely upon the divine goodness for a blessing.

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ON THE DAILY STUDY OF THE HOLY  
SCRIPTURE.

To read the Holy Scriptures on the Lord's Day is an indispensable duty; but I would advise you to lose no time in endeavouring, by God's blessing, to acquire the habit of reading, not only on the Lord's day, but on every day of the week, some short portion of Holy Scripture, and to keep in mind the example of Timothy\*, of whom the blessed Apostle testified that he had known the Scriptures even from a child; and, whenever you begin to read any portion of the Holy Scripture,

\* 2 Tim. iii. 15.

LESSON READING 1  
SCRIPTURES.

WHEREWITHAL, Lord, shall a  
cleanse his way? Even by ruli  
after thy word\*.

Lord, open my eyes, that I m  
wonderful things of thy law.

O heavenly Father! I humbly  
holy Spirit so to help me at this tir  
nd understand, and to remember  
e thy word, that it may make me  
lvation.

---

Do not read carelessly and witho  
n, but consider that all the whil  
ding, God is speaking to you; a  
e read with attention and h

they should excite in you a fear of provoking him.

When you read any of his gracious promises, they should encourage and quicken your obedience.

When you read any of God's mercies, they should excite you to thanksgiving.

When you read any great mystery recorded in Holy Writ, you are to submit your reason to Divine Revelation.

And to this purpose, in the midst of your reading, say,

Lord, give me grace to obey this command.  
Lord, deliver me from this sin ; or, this judgment.

Lord, I rely on this good promise.

Glory be to thee, O Lord, for this mercy  
Lord, I believe and adore this mystery,

as best agrees with the subject, and conclude your reading with these short prayers.

AFTER READING.

BLESSED be thou, O Lord ; O teach me thy statutes\*.

Lord, make thy word a lantern unto my feet, and a light unto my paths.

Lord, make thy word my delight and my counsellor.

\* Psalm cxix.



SHORT PRAYERS THAT MAY BE SAID IN THE  
DAY TIME.

AT GOING OUT.

LORD, bless my going-out, and my coming-in, from this time forth and for evermore \*.

AFTER A SIN COMMITTED.

LORD, be merciful to me, a miserable sinner; and, for the merits of my Saviour, lay not this sin to my charge.

AFTER ANY BLESSING, OR DELIVERANCE FROM  
DANGER.

GLORY be to thee, O Lord, for this blessing, *or*, this deliverance.

Praise the Lord, O my soul; and all that is within me praise his holy name †.

AT GIVING ALMS.

O LORD, who didst not despise the widow's mite †, accept of this little I now give to relieve one of thy poor members.

IN TEMPTATION.

LORD, succour me with thy grace, that I may overcome this temptation.

\* Psalm cxxi. 8.

† Psalm ciii. 1.

‡ Mark xii. 42.

## DIRECTIONS FOR THE EVENING.

CONSIDER how many that have gone to bed well over night, have been found dead the next morning ; and therefore how highly it concerns you to take care to make your peace with God before you go to sleep.

I advise you, therefore, towards night, to call yourself to an account how you have spent the day.

Examine your thoughts and discourses, and actions, and recreations, and devotions, and see what has been amiss in any of them.

Consider what idleness or unchastity, what lying and stubbornness, you have been guilty of ; or whether you have had a quarrel with any one ; and if you have, try to be reconciled to him, or at least in your heart sincerely forgive him before you say your prayers.

Again, consider also what particular blessing, or deliverance, God has vouchsafed you the day past, that you may give thanks for it, and then say as follows.

## EVENING PRAYER.

LET my prayer, O Lord, be set forth in thy sight as incense, and let the lifting up of my hands be as an evening sacrifice \*.

Holy, holy, holy, Lord God, I, miserable sinner, must acknowledge that I have offended thee this day, in thought, word, and deed; particularly (*Here mention any sin of which you have been guilty:*) Lord, for thy mercies' sake, forgive me: cleanse me from my wickedness, and strengthen my weakness, that I may overcome all the temptations which daily surround me, and continue constant in my obedience.

Accept of my humblest praise and thanksgiving, O Lord, for all the goodness thou hast this day shewed me; for all the helps of preventing or restraining grace thou hast vouchsafed me; for whatever I have done this day, which is in any measure acceptable to thee; for whatever progress I have made in my studies; for thy preservation of me from all the miseries and danger to which we are every moment exposed; particularly (*Here name any particular blessing or deliverance God hath sent you.*)

\* Psalm cxli. 2.

Praise the Lord, O my soul, who saveth thy life from destruction, and crowneth thee with mercy and loving kindness.

O Heavenly Father, to thy almighty protection I recommend myself, and all my relations, and all that belong to this place. O thou that never slumberest nor sleepest, watch over us, and preserve us from sin and danger.

Lord, let it be thy good pleasure to refresh me this night with such seasonable rest, that I may rise in the morning more fit for thy service. O pardon my failings, and hear my prayers, for the sake of my Blessed Saviour, in whose holy words I sum up all my wants.

*Our Father, &c.*

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SHORT PRAYERS AT GOING TO BED.

LORD, as I now go to my bed, I must one day go to my grave; O make me wise to consider my latter end.

I will lay me down in peace, and take my rest; for it is thou, Lord, only, that makest me to dwell in safety\*.

\* Psalm iv. 8.



## DIRECTIONS FOR MIDNIGHT.

If you chance to wake in the night, cannot sleep, beware of idle and uncl thoughts rising in your mind ; and theret to arm yourself against them, I advise to learn *Psalm* cxxx. and cxxxix. by he; or the following short prayers.

## SHORT PRAYERS FOR THE NIGHT.

THOU, Lord, hast granted thy lov kindness in the day time ; and in the n season will I sing of thee, and make prayer to the God of my life \*.

O Lord, the holy angels are now be thy throne in Heaven. They never rest or night from thy praises ; and with then I now sing hallelujah, salvation, and hon and glory, and power, be unto our God, ever and ever. Amen, Amen †.

Lord, I know thou wilt one day call m give an account of my stewardship ; when thou wilt come, I know not, whe at even, or at midnight, or at cock-crow or in the morning †.

\* *Psalm* xlii. 8.

† *Rev.* vii. 15.

† *Mark* xiii. 35.

O do thou give me grace to watch, and to  
ay always, that at thy coming thou mayest  
to me, *Well done, good and faithful ser-*  
*vant, enter thou into the joy of thy Lord.*  
Amen, blessed Lord, *Amen.*


---

## DIRECTIONS FOR THE LORD'S DAY.

A GOOD Christian, that takes care to  
end every day well, will take more than  
ordinary care to sanctify the Lord's Day, it  
being the proper employment of that day  
to attend God's worship, and to provide for  
our souls; and therefore it is fit you should  
read some petitions to your morning and  
evening prayer, relating to the solemn duties  
of the day. Endeavour therefore to retire  
into your closet, and say the following prayer.

## BEFORE CHURCH-TIME.

O MY God, I humbly beseech thee to pre-  
pare my soul to worship thee this day ac-  
ceptably, with reverence and godly fear;  
I purify my heart from all vain, and  
worldly, or sinful thoughts; fix my affec-  
tions on things above, all the day long; and,  
O Lord, give me grace to receive thy word,  
which I shall hear this day, into an honest



When you come into the Chapel, on the Lord's Day, or at any other time, use this prayer.

IN THE CHURCH.

O LORD, I humbly beg thee to help my infirmities at this time, dispose my heart to devotion, that my desires and praises may be acceptable in thy sight, through Jesus Christ my Lord.

AFTER THE SERVICE IS ENDED.

GLORY be to thee, O Lord God, all glory be to thee, who hast promised to appear before thee this day in thy courts.

Lord, pardon all my sins.

**DIRECTIONS FOR SELF-EXAMINATION PREPARATORY TO RECEIVING THE SACRAMENT OF THE LORD'S SUPPER.**

THE receiving of this blessed Sacrament is the most divine and solemn act of our Religion; and it ought to be the zealous endeavour of every true Christian, by God's assistance, to prepare his soul for it with the most serious and devout dispositions, in compliance with that rule, which St. Paul has given us\*, *Let a man examine himself, and so let him eat of that bread, and drink of that cup*; a rule which is fully explained by the Church, in the exhortations before the Holy Communion which you will find in your Common-Prayer book.

Let me then recommend you, in order to your worthily communicating at the Lord's table, at some convenient time to withdraw into your chamber, and there to begin to commune with your own heart, and to call your sins to remembrance; first praying heartily to God for his grace to assist you.

\* 1 Cor. xi. 28.



Lord, when I cry unto thee,  
up my hands toward thy mercy.

Behold, Lord, I am now  
into my own heart; but, a  
is deceitful, and desperately  
can I know it? Thou, th  
searchest the heart, and triest  
cover to me all the evils and  
own heart, that I may confess,  
forsake them, and obtain me  
hear me, Lord, help me, for t  
Jesus my Saviour. *Amen, Am*

---

Having prayed for God's assi  
great work of self-examination  
that he will

But if you are earnestly *desirous to gain* a true sense of your sins, you will labour to imprint in your mind awful apprehensions of the day of judgment, and of God the great Judge, in whose presence you now are ; and, to raise such apprehensions, dwell awhile on such meditations as these.

---

#### MOTIVES TO EXAMINATION.

O MY soul, thou art now in the presence of the great Judge of heaven and earth, before whose dreadful tribunal thou must certainly appear at the day of judgment, to give a strict account of all thy actions, of every idle word, and every evil thought.

Think, O my soul, think, if thou canst, what horrors will seize an impenitent sinner, when the last trump shall call him out of the grave, to appear at God's judgment-seat ! What would he give to purchase one such opportunity of repentance as God now in great mercy gives thee ? If ever thou hopest to escape those horrors, O my soul, make thy peace with God ; judge thyself here, lest thou be condemned hereafter.

---

#### A FORM OF SELF-EXAMINATION.

I ADJURE thee, O my soul, in the presence of the great Judge, who knows all the se-

creta of thy heart ; I adjure *thee*, as thou wilt answer before God's judgment-seat at the last day, to tell me ;

1 Does not thy daily experience teach thee, that thy nature is corrupt, prone to evil, averse to good ?

2 How hast thou spent thy time from thy childhood to this very moment ?

3 How hast thou kept the solemn vow of thy baptism ?

4 What duties hast thou omitted ?

5 What sins hast thou committed ?

6 In particular, what sin art thou guilty of, more immediately against *God* ?

7 Art thou guilty of any infidelity, or atheism, of any distrust in, or presuming upon, God's mercy ?

8 Art thou guilty of wilful ignorance of God, or of any idolatry, in worshipping any creature ? Hast thou loved any thing more than *God*, or feared any one above him ?

9 Art thou guilty of repining at God's Providence, or of being impatient under his afflictions, or of being unthankful for his mercies, or of being disobedient to his commands, or of being incorrigible under his judgments ?

10 When, and in what manner, hast thou been guilty of dishonouring God ?

By blasphemous or irreligious thoughts, or discourses? or by tamely hearing others blaspheme?

By taking God's most holy name in vain? or by customary or false swearing, or by the breach of any lawful oath, or solemn vow?

By any sacrilege, or irreverent behaviour in God's house, or mis-spending the Lord's Day? or any inattention to God's word, read or preached?

Have I dishonoured God by coldness, and wanderings, and indevotion, or carelessness in my prayers? or by weariness in his service, or by my total neglect of it? or by unworthy communicating at the Lord's table?

By wilful impenitence, by superficial repentances, or frequent relapses, or resisting the good motions of God's spirit?

O my soul, what sins art thou guilty of more immediately *against thyself*?

Art thou guilty of being proud of thy descent or of thy estate, or of thy own holiness? or of boasting of thy own good deeds, or of being greedy of praise, or of performing duties to gain applause, or of committing sin to avoid reproach of men?

Hast thou been immoderately greedy of

riches, or of sensual pleasures? or guilty of peevishness, or of violent anger?

Hast thou been guilty of mis-spending thy time, or of negligence in resisting temptations, or of not improving those opportunities of learning and piety, which God has given thee?

Hast thou been guilty of any intemperance in eating, or in drinking, or in sleeping, or in recreations, spending too much time on them, or being too greedy after them?

Hast thou been guilty of idleness, or of drunkenness, or of laughing at it in others?

Hast thou been guilty of any uncleanness in thought or deed, or of any lasciviousness, or fornication, or adultery? or hast thou taken delight in lewd company, or in vicious or unchaste songs, or stories, or expressions?

O, my soul, what sins art thou guilty of, more immediately *against thy neighbour*?

Against whom hast thou been guilty of any injustice, or oppression, or breach of trust or promise, or of theft, or flattery, or dissimulation, or treachery, or lying?

Against whom hast thou been guilty of any ill language, or slander, or tale-bearing, or rash censuring, or back-biting, or of

scoffing at thy neighbour, *either for his infirmities, or for his being religious?*

Against whom hast thou been guilty of spite, or revenge, or of delighting causelessly to grieve thy neighbour, or of railing, or of actually hurting him, or of murdering him in thy mind, by ill-wishes or curses? Hast thou been guilty of bitter imprecations, or bearing false witness, or coveting any thing which he possesses?

Hast thou been guilty of unthankfulness to those that have done thee good, or have reproved thee? or of uncharitableness to the poor, or to any Christian in distress? or of any unnatural conduct to thy relations? or of any evil-speaking, or disrespect, or stubbornness against any of thy governors, either civil or ecclesiastical? or, in particular, against thy parents, or superiors in this place? or of any wilful disobedience to the lawful commands of all or either of them?

Hast thou tempted any other to sin, by connivance, or encouragement, or command, or persuasion, and mightily increased thy own guilt by furthering the damnation of thy brother?

and to prevent your being  
your repentance.\*

If, upon your examination  
have any way wronged your  
solve upon the first opportunity  
some suitable satisfaction, an  
givenness ; for you are first to  
to your brother, before you c  
to offer your gift \*.

If you are guilty of temp  
to sin, ask God's pardon for  
yourself; and, if you have  
to do it, exhort him to repen

But if any have wronged y  
injury presently; for you beg  
God on this very condition,  
self forgive your brother.

ance, considered my own evil ways: *O thou*  
who only knowest the heart, and who only  
canst change it, create in me such a broken  
and contrite heart, as thou hast promised not  
to despise, and so deep a sense of my own  
sin and misery, that my repentance may bear  
some proportion to my guilt. O my God,  
pardon all my failings, and perfect that good  
work which thou hast begun in me, for the  
merits of Jesus my Saviour, in whose holy  
words I sum up all my wants. *Our Father, &c.*

---

At your next opportunity of retiring, resolve, with the prodigal, to return to your heavenly Father, and humbly to beg forgiveness: and calling to mind all your sins, kneel down, and with the lowest prostration of soul and body, make your confession to God in the following manner.

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#### A FORM OF CONFESSION.

O THOU great Judge of heaven and earth, before whose glorious Majesty even the good angels, who never sinned, fall prostrate, and tremble, with what abasement and dread ought I to appear before thy awful presence, who am not only dust and ashes, but also a miserable wretched sinner!



Woe is me, then, O Lord,  
I have inclined unto wicked  
heart; but for the sake of thy  
Son, cast not out my prayer  
mercy from me †.

Miserable wretch that I am  
astray from the very womb; I  
wickedness, and in sin did m  
ceive me: Who can bring a cl  
of an unclean †? What is man,  
that he should be clean? or he  
of a woman; that he should be

Thou, Lord, puttest no trust  
and the heavens are not clean  
and the very angels thou charge

How much more abominable  
filthy am I

evil is present with me ; for *I see a law in my members warring against the law of my mind, and bringing me into captivity to the law of sin* \*.

Lord, have mercy upon me, and deliver me from this body of death, from this tyranny of sin.


Alas ! my nature is corrupt, prone to evil, and averse to good ; my understanding is full of ignorance and error ; my will is perverse, my memory tenacious of all things that may pollute me, and forgetful of my duty ; my passions are disorderly, my senses are inlets of impurity ; and I have abused all my faculties.

Lord, pity, and cleanse, and forgive, and save me, for thy mercies' sake.

O Lord God, how have I through my whole life violated the solemn vow I made to thee in my baptism, by eagerly pursuing the vanities of this wicked world, by easily yielding to the temptations of the devil, by greedily indulging my own carnal desires and lusts, by a fruitless and dead faith, and by disobedience to thy holy will and commands !

Father, I have sinned against Heaven, and

\* Rom. vii. 23.



in thy sight, and am no more worthy to be called thy son.

I have sinned, O Lord God, I have sinned against *thee*, by——

*(Here confess more particularly the sins which you have committed against God with the aggravations that accompany them: for instance,)*

Lord, I have committed this sin, or the sins frequently, against checks of conscience &c. and then add,

Father, I have sinned against Heaven, as in thy sight, and am no more worthy to be called thy son: O pity, and cleanse, and forgive, and save me, for thy mercies' sake.

I have sinned, O Lord God, I have sinned against *thee*, and against my own self, by——

*(Here confess the sins you have committed more immediately against yourself, as sins of unchastity, intemperance, uncleanness, and say as before,)*

Father, I have sinned against Heaven, {

have sinned, O Lord God, *I have sinned  
inst thee, and against my neighbour, by—*

*Here confess the sins you have committed  
more immediately against your neigh-  
bour, and add as before,)*

Father, I have sinned against Heaven, &c.

O Lord God, my wickedness is great, and  
iniquities are infinite; they are more in  
number than the hairs of my head; and my  
heart would fail me\*, but that I well know  
thy mercies are more numberless than my

iniquities. Have mercy upon me, therefore, O Lord,  
according to thy great goodness; according  
to the multitude of thy mercies do away my  
iniquities †.

Who, alas! can tell how oft he offendeth?  
 cleanse thou me from my secret faults,  
 purge all my sins of ignorance, or infirmity, or  
 omission, or which I have not observed, or  
 which I have forgotten; Lord, lay none of  
 them to my charge; Father, forgive me;  
 and Jesus, have mercy upon me.

\* Psalm xl. 12.

† Psalm li. 1.

grieve me all my transgressions  
merits of Jesus thy only well-beloved  
and my Saviour, *Amen, Amen.*

---

When you have thus confessed  
endeavour to be still more sensible  
and to bewail them with a true  
hatred, and shame, and sorrow  
then make steady resolutions of  
them, and cry constantly to God for  
his grace; you may perhaps find that  
following methods of expressing all your  
sorrow after repentance, are too long to be  
used once; in that case let me advise  
that one or more of them at such  
times as you have opportunity of retiring for  
your private devotion.

FOR YOUNG PERSONS.

What fruit have I reaped *from all the* pleasures of sin, which are but vanity and vexation of spirit!

Lord, I am ashamed of my own folly and madness, when I call to mind how treacherously I have betrayed my own soul to temptations, and hastened my own condemnation; how obstinately I have fled from thee, when thy mercy pursued me with promises of pardon; how unworthily I have abused thy goodness, and forbearance, and long-suffering, which should have led me to repentance.

Surely, after I was turned, I repented: and since I have considered my ways, I am ashamed; yea, even confounded, because I bear the reproach of my youth\*.

AN ACT OF ABHORRENCE.

I HATE all evil ways, O Lord; but thy law will I love†.

O Lord God, nothing is more abominable in thy sight, nothing more defaces thy divine image, or makes me more odious in thine

\* Jer. xxxi. 19.

† Psalm cxix.

eyes than sin; and therefore *I hate and abhor it!*

O Lord God, I confess I have nothing good in me, nothing that can any way move thee to compassionate so great a sinner, but thy own free, undeserved, and infinite mercy, and the merits of my Saviour Christ.

O Lord God, I cannot but admire the riches of thy goodness, who hast spared me so long, and hast given me this opportunity of repentance. O do thou yet magnify thy mercy more in my forgiveness. O cleanse me from all that guilt which my soul hath contracted, which now renders me odious to my own self, as well as to thee.

#### AN ACT OF CONTRITION.

MISERABLE being that I am, that I should begin so early to offend my Creator, and sin so much in so short a time!

Lord, I fear I never yet thoroughly considered how evil and how bitter a thing it is to depart from thee: O make me every day more and more sensible of the error of my ways, and of my own sinfulness.

Miserable being that I am, that ever I should commit those sins, which expose me

to thy wrath, to all the curses of thy law, to all thy judgments temporal or spiritual in this life, and to the despair of those who shall be cast out from thy presence in the life to come!

Miserable being that I am, that ever I should transgress that law of thine, O God, which is so just, and holy, and good, and perfect; and in keeping of which there are so great, so inconceivable rewards!

O, that with *Mary Magdalen*, I could weep much, and love much, having so much to be forgiven\*!

Gracious Lord, look on me, as thou didst on *Peter*; and let thy compassionate looks so pierce my heart, that I may weep bitterly for my sins†.

O Lord God, break this hard heart, for thou only canst do it, and melt it into tears of contrition!

Woe is me, that ever I should offend so indulgent, so liberal, so tender a Father!

Woe is me, that ever I should repay the infinite love, and the intolerable sufferings of my Saviour for me, with nothing but those

\* Luke vii. 47.

† Luke xxii. 61.



sins which occasioned those severe sufferings !

Woe is me, that ever I should grieve thy Holy Spirit, by rejecting his good motions, from whom only I derive grace and consolation !

O Lord God, every slight worldly trouble is apt to draw plenty of tears from mine eyes ; but when I would weep for my sins, which are the greatest calamities that can possibly befall me, either my eyes are dry, or my tears too few to bewail so many provocations !

O blessed Spirit, instil true penitential sorrow into my soul ; make my head waters \*, and my eyes fountains of tears.

But alas ! I know all the tears I can possibly shed, can never wash away the least of my sins ; it is thy blood only, Lord, that can do it !

O blessed Saviour, how can I ever sufficiently lament the guilt of my sins, which is so great, that nothing but thy own inestimable blood can expiate it !

O Heavenly Father, in the defect of my own tears, I offer thee the blood of thy own

\* Jerem. ix. 1.

well-beloved Son; for his sake have mercy upon me. *Amen, Amen.*

## A FORM OF RESOLUTION.

O LORD GOD, with shame I confess, that other lords besides thee have hitherto had dominion over me\*.

I have been taken in the snare of the devil, and have been led captive by him†, and sin hath reigned in my mortal body, and I have obeyed it in the lust thereof‡; but henceforth I resolve to serve none but thee, and from this very moment I utterly forsake all my sins, and turn to thee.

O my God, I do from my heart renew my baptismal vow, which, alas! I have hitherto so often violated; I do for ever renounce the devil and all his works, and all his temptations; I do for ever renounce all the vanities of this wicked world, which may prevent me from thy service, and all the sinful lusts of the flesh.

O my God, I do stedfastly believe all the articles of the Christian faith, and will keep thy holy will and commandments, and walk in the same all the days of my life.

\* Isa. xxvi. 13.

† 2 Tim. ii. 26.

‡ Rom. vi. 12.

for his sake to give me grace  
continue in the same to my life

AN ACT OF OBLATION

BLESSED be thy Name, O  
hast set before me life and death,  
bid me choose life.

Behold, Lord, I do with  
choose life. I choose thee,  
thou art my life.

Save, Lord, and hear me, O  
ven, and accept of my sacrifice,  
crifice of my whole heart, with  
thee.

O my God. I offer thee

temple\*. O do thou dwell in me, and be thou my God, and I will be thy servant. *Amen, Amen.*

## AN ACT OF CHARITY.

O LORD GOD, I do from henceforth resolve to love my neighbour as myself, and to love him not in word only, but in deed and in truth†.

I do from my heart forgive all men their trespasses against me: do thou, Lord, forgive them also.

Lord, bless them that hate me, and do good to them that have any way spitefully used me.

O my God, bless all those that I have any way wronged; have mercy on all those to whose sins I have been any way accessary; and give them all grace to forgive me. *Amen, Amen.*

## PETITION FOR PARDON.

O THOU Father of Mercies, and God of all consolation, be merciful to me a miserable sinner.

\* 1 Cor. vi. 20.

† 1 John iii. 18.

Lord, remember all thy *gracious calls* sinners to repentance, all thy *assurances* that thou delightest not in the death of him that dieth \*, but that thou wouldest have him be saved †.

Lord, remember all the exceeding great and precious promises which thou hast made to penitent sinners.

Lord, remember that thy mercy is over all thy works, that thou delightest in mercy and that all the holy angels rejoice at the conversion of a sinner ‡; that the greater the sins are, the more will that mercy be magnified in my pardon §.

Lord, remember that thou didst so love the world, as to give thy only beloved Son as ransom for it.

O Heavenly Father, thou that sparedst not thy only Son, but deliveredst him for us wilt thou not with him also freely give us all things ||? and if all things, wilt thou not also give us the pardon of our sins?

O my God, I firmly believe thou wilt; O that ransom which my Saviour hath paid for me, and on all thy gracious promises of pardon, which for his sake thou hast made †

\* Ezek. xviii. 32. † 1 Tim. ii. 4. ‡ Luke xv. 10.

§ John iii. 16.

|| Rom. viii. 32.

me, I wholly rely; here only is the sure and stedfast anchor of my soul, to which my faith and hope shall for ever adhere.

All this, Lord, do I plead, to implore thy forgiveness.

Behold, Lord, though my failings are many, yet to the utmost of my power, I have confessed, and bewailed, and forsaken my transgressions. Behold, Lord, I come at thy call, and I come, weary and heavy laden with the burthen of my sins: be it unto me according to thy word. O thou that art faithful and just\*, forgive me my sins, and cleanse me from all unrighteousness. Lord, do thou in no wise cast me from thee, but ease me of my burthen that I may find rest in thee; and say unto my soul†, be of good cheer, thy sins are forgiven thee.

O Heavenly Father, for thine own infinite mercies' sake, for thy truth and promise sake, for all the merits and sufferings of the Son of thy love, in whom thou art always well pleased, pardon all my sins and failings, and receive me into thy favour. *Amen*, O Lord God, *Amen*, *Amen*.

\* 1 John i. 9.

† Matt. ix. 2.

## A PETITION FOR GRACE.

O LORD GOD, I have sworn, that I will keep thy righteous judgments \*.

But alas! I am able of myself to do nothing that is good, not so much as to think one good thought; and I no sooner shall rise from my knees, but I fear I shall be tempted to those very sins I have now solemnly renounced: and those temptations will certainly overcome me, unless thou Lord, shalt seasonably interpose thy grace to withhold me.

But I can do all things through the strengthening me †: do thou, then, O blessed Saviour, perfect thy strength in my weakness; for in thee only is my trust.

O my God, thou hast promised to give thy Holy Spirit to those that ask it ‡. Behold, Lord, I do humbly, I do now earnestly ask thy Holy Spirit of Thee: O fulfil thy gracious promise to me: O vouchsafe me that Holy Spirit for whose help I pray to purify my corrupt nature, to strengthen my weakness, to comfort me in troubles, to sur-

\* Psal. cxix.

† Phil. iv. 13.

‡ Luke xi. 13.

port me under discouragements, to succour me in temptations, and to assist me in all parts of my duty; that I may ever hereafter live in thy fear, and in constant, sincere, and universal obedience to all thy righteous laws.

Thou, O searcher of hearts, knowest the sins to which I am most inclined (*Here name them*); and herein will lie my greatest danger of backsliding: but, O my God, I beg a double portion of thy aid against them: hold thou up my goings in thy paths, that my footsteps slip not. O work in me that faith, by which I may overcome the world, the devil, and my own corrupt nature\*.

There may be many sins, which, through thy grace, I have not yet committed; but alas! there is in my corrupt nature so great a proneness to evil, that without thy restraining grace, every temptation, when I shall have more age and liberty, will be apt to draw me from my obedience, and to overthrow all my present resolutions.

But my help standeth in thee, O great Creator, who hast made Heaven and earth; and I commit† my soul to thy keeping. O thou that art faithful, as well as al-

\* 1 John v. 4.

† 1 Pet. iv. 19.



mighty, watch over me, *that I may not* beguiled by the deceitfulness of sin, or trayed by my own treacherous heart, or surprised by my ghostly enemies; and give grace, myself to watch and to pray incessantly, lest I enter into temptation. *Ho* Lord, from Heaven, and succour me, the alone merits of Jesus my Saviour. *An Amen.*

#### PETITIONS FOR PARTICULAR GRACES.

O THAT my ways, Lord, were made direct, that I might keep thy statutes! then shall I not be confounded, when I respect unto all thy commandments\*.

Vouchsafe me thy Holy Spirit therefore O Lord God, to work in me whatever well pleasing in thy sight, that, for the time to come, I may bring forth fruits meet repentance.

O let it be thy good pleasure to create me a saving knowledge of thee, and of duty, a justifying faith, true sanctification and a purifying hope, an ardent love, an filial fear of thee, a constant desire of pl

\* Psal. cxix.

ing thee, and a great tenderness of offending thee.

Lord, create in me a penitent heart, a resigned will, and mortified affections, an habitual mindfulness of thy presence, and a steady devotion in my prayers, sincere intentions and zeal for thy glory, perseverance in all holy purposes, and constancy in all trials and temptations.

Lord, create in me a reverential awe of thy name, a delight in thy service, a sincere regard to thy holy day, and to the house of prayer, and a great attention to thy word; a daily care of my time, and diligence in my studies.

Lord make me chaste and temperate, easy to be advised, and patient of reproof; and create in me a cheerful and meek, a contented and considerate, a quiet and peaceful spirit.

Lord, bless me with health and competency of living, with a good understanding, a retentive memory, and a ready apprehension, and with such a measure of temporal good things, as thou seest fit for me: and give me grace to make a right use of all those blessings which I have already received.

Lord, purify my thoughts, bridle my tongue, guide all my actions, guard all my

senses, stop my ears, and turn away my eyes from sin and vanity.

Lord, give me grace to be just in all my dealings; to do to all men as I would they should do to me; to be subject to my parents, and to all my superiors; to the King as supreme, and to all civil magistrates; to the pastors of thy Church, and to all my governors in this place: O grant that I may render due honour and obedience to them all in their several stations.

Lord, make me willing to forgive injuries, and unwilling to offer any; make me grateful to my benefactors, friendly to my equals, condescending to my inferiors, compassionate to the afflicted, charitable to the poor, according to my ability, a lover of good men, and kind to my enemies; and give me grace to keep always a conscience void of offence towards thee, and towards all men, and to continue in the communion of the Church without wavering.

O merciful God, keep thy servant from all wilful, deliberate, or presumptuous sins, and let no wickedness have dominion over me.

From stubbornness and pride, idleness and sloth, intemperance and youthful lusts, inconstancy and lying, good Lord, deliver me.

From irreligious principles, and false teachers, unruly passions, and violent temptations, from contracting vicious habits, or taking pleasure in sin: from profaneness and ill company, envy and malice, detraction and uncharitableness, good Lord, deliver me.

From the errors and vices of the age, and all sinful affections, from whatsoever is offensive to thee, or destructive to my own soul, good Lord, deliver me.

Hear me, O heavenly Father, and conform my whole life to the example of my blessed Saviour, and that for his sake, in whose holy words I sum up all my wants: *Our Father which art in Heaven, &c.*

DEVOTIONS PREPARATORY TO RECEIVING THE  
LORD'S SUPPER.

A MEDITATION ON THE OUTWARD ELEMENTS.

I ADORE thee, O blessed Jesus, my Lord, and my God, when I consider what that Sacrament is, to which thou now invitest me, and of what parts it consists; of an outward and visible sign, and of an inward and spiritual grace: for thou, Lord, who knowest our infirmities, and how little able we

are to conceive things heavenly *and spiritual*, in pity to our dark and feeble apprehensions, hast ordained outward and obvious, and visible signs, to represent to our minds thy grace, which is inward and invisible. Thou hast ordained bread and wine, which is our corporal food, to picture out to our faith the food of our souls.

ON THE INWARD PART, OR THING SIGNIFIED.

I KNOW, O my God, that I must look through the outward elements, and fix my faith on that which they signify, and which is the inward and invisible grace, even thy own blessed body and blood, which is verily and indeed taken and received by the faithful in the Lord's Supper.

But, Lord, how canst thou give us thy flesh to eat?

Lord, thou hast told me \*, that thy words they are spirit, and they are life, and are therefore not carnally to be understood: Lord, I believe, help thou my unbelief.

Lord, I believe that the bread that we break, and the cup that we drink, are not bare signs only, but the real communication

\* John vi. 63.

5

of thy body and thy blood \*, and *pledges to assure me of it; and I verily believe, that if with due preparation I come to thy table, as certainly as I receive the outward signs, so certainly shall I receive the thing signified, even thy most blessed body and blood; to receive which inestimable blessing, O merciful Lord, do thou fit and prepare me. Amen, Amen.*

ON THE INSTITUTION OF THE LORD'S SUPPER.

I ADORE thee, O blessed Jesus, my Lord, and my God, when I consider that this holy Sacrament was thy own institution; for it was thou, Lord, who, in the same night in which thou wast betrayed, didst first take bread, and after that the cup, and didst bless them, and give them to thy disciples. O blessed Saviour, strike into my soul an holy awe and reverence in approaching it: O create in me heavenly dispositions to celebrate so heavenly an institution. *Amen, Amen.*

ON THE END OF THE INSTITUTION.

I ADORE thee, O blessed Jesus, my Lord, and my God, when I consider for what end

\* 1 Cor. x. 16.

thee my Saviour, who hast done  
things for me?

Alas! my own experience tells  
every temptation, every vanity, is  
me forget thee, though thy own  
bid me remember thee.

But, O blessed Lord, for  
mercies sake, pardon all my faults  
and ingratitude, and do thou  
me that thankful and lively remembrance  
thy death, which may excite me  
myself entirely to thee, by dying  
sin, and mortifying every corrupt  
*Amen, Amen.*

A THANKSGIVING FOR CHRIST'S SERVICE  
*Which may be repeated during Passover*

I remember, O gracious Lord, *how thou, who thoughtest it no robbery to be equal with God, wast made in the fashion of frail man\**, and tookest on thee the form of a servant : I remember how many reproaches, and contradictions, and blasphemies, and persecutions thou didst endure from a wicked and perverse generation ; and all this to save us sinful men.

*O Lord Jesus, was ever sorrow like unto thy sorrow? Worthy art thou, O Lamb, that wast slain, to receive power, and riches, and wisdom, and strength, and honour, and glory, and blessing†.*

I remember, O gracious Lord, how thou didst endure a most bitter agony, and didst sweat great drops of blood, falling to the ground ; how thou, who art God above all, blessed for ever‡, wast treacherously betrayed and apprehended, and bound as a malefactor ; how thou wast set at nought by *Herod* and his men of war, and forsaken of all thy disciples, and denied by *Peter* ; and all this to save us sinful men.

*O Lord Jesus, was ever, &c.*

\* Phil. ii. 7.

† Rev. vii. 12.

‡ Rom. ix. 5.



I remember, how thou, *O God of truth*, wast accused by false witnesses; how thou, whom all the angels adore, wast blindfolded, and buffeted, and mocked, and spit upon, and stripped naked, and scourged; and all this that we may be healed by thy stripes, and to save us sinful men.

*O Lord Jesus, was ever, &c.*

I remember, Lord, how thou, who art the great Judge of Heaven and earth, wast thyself dragged to the judgment-seat, and condemned; how thou, *O King of Heaven*, wast crowned with thorns, and oppressed with the weight of thy own cross: and all this to save us sinful men.

*O Lord Jesus, was ever, &c.*

I remember, *O blessed Saviour*, how thou, who art the Lord of Glory, and the sole author of life, wast put to a most ignominious death; how thy hands and thy feet were nailed to a cross; how thou wast crucified between two thieves, and numbered with the transgressors; how thou hadst gall given to thee to drink to embitter thy very last gasp; and all this to save us sinful men.

*O Lord Jesus, was ever, &c.*

I remember, O gracious Lord, how when thou wert hanging on the very cross, thou wast scoffed at and reviled; how infinitely thou wert then afflicted and bruised for our transgressions, when the iniquities of us all were laid on thy shoulders; how thou didst then express an anguish greater than all the tortures of thy crucifixion, when thou didst cry out, My God, my God, why hast thou forsaken me! and how thou didst at the last give up the ghost, and die thyself, that we might live.

*O Lord Jesus, was ever, &c.*

I unfeignedly believe, O gracious Lord, that thou didst suffer all this for sinful men, when we were all thy utter enemies, and had nothing in us, to move thee to pity us, but our extreme misery; nothing to move thee to save us, but our great unworthiness, and thy greater mercy.

O the depth of the riches of thy love, blessed Lord! How unutterable is thy mercy, and thy love past finding out!

*Was there ever sorrow like that which my Lord and my God endured for me?*

*Was there any love like to that love my Lord and my God hath shewed me?*

18. With all my heart I p  
thee; but, alas! I can never

O do thou at the last, gracio  
late me to thy kingdom of gl  
I may love thee to the utterm  
a creature, and praise thee t  
*Amen, Lord Jesus, Amen, A*

ON THE BENEFITS WHICH WE R  
LORD'S SUPPER.

I ADORE thee, O blessed Je  
and my God, when I conside  
which through thy mercy we r  
Holy Sacrament.

Glory be to thee, O Lor  
makest thy own body and blo

## MOTIVES FOR RECEIVING THE LORD'S SUPPER.

O BLESSED Saviour! what more powerful motives can I have to persuade me to communicate, than thy command, and the blessed effects of this Holy Sacrament!

But, alas! my corrupt nature is apt to subject me to low and base inducements to this duty; such as are, fear of my superior's displeasure, if I abstain; or shame of not appearing as devout as my equals; or the mere custom of the place, or of the season.

But, Lord, I do from my heart renounce all these and the like carnal considerations; and I come to thy table, to renew my baptismal covenant with thee.

I come to testify my sense of thy love, O heavenly Father, in thy so loving the world, as to give up thy only Son to die for me.

I come to testify my faith in thee, and my love towards thee, O blessed Saviour, and thankfully to commemorate thy wonderful love in dying for me.

I come, Lord, to testify my steadfastness in the communion of thy Church, and my charity to all the world.

I come to thy table, O Lord, from a sense that I want that spiritual food, to which thou there invitest me.

Alas! I am soon apt to grow weak in well-doing; a few prayers tire me; a slight temptation overcomes me; and I find there is no food can strengthen my soul, thy body; no cordial can revive my drooping obedience, but thy blood; and it is this most blessed body and blood after which I hunger and thirst: O gracious Lord, grant that I, and all who communicate with me, may feel its saving efficacy. O feed, refresh, nourish our souls with it to life everlasting; and that, for thy own infinite mercy's sake, which moved thee to offer up thy body and blood for us. *Amen, Amen.*

PRAYER FOR PREPARATION.

*To be added to Morning Prayer on the  
of Communion.*

BLESSED Lord Jesus! I even tremble when I consider, that he that eateth and drinketh unworthily, increases his own guilt; and that makes me afraid to come to thy altar.

But when I consider, that thy sentence is severe against those, who, being invited, refuse to come, (for thou hast said, they

not taste of thy supper) *I am then afraid to keep away.*

But blessed be thy mercy, O Lord : for in this perplexity thou art my guide ; thou by giving me this opportunity of receiving, invitest me to thy table ; thou callest me to seek thy face, and my heart replies, *Thy face, Lord, will I seek.*

If thou, Lord, shouldst be extreme to mark what is done amiss, alas ! I am then unfit, not only to communicate, but to say even my daily prayers.

I know, Lord, that if I should stay till I am worthy to come, I should then never come ; and therefore, though I am unworthy of so unspeakable a mercy, yet I come to beg thy grace to make me worthy, or at least such a person as thou wilt accept.

O blessed Jesus, do thou so open my eye of faith, to discern thy body and blood in this Holy Sacrament : do thou so dispose me at this time, that I may feel all the happy effects of thy own divine institution ; that my soul may receive such lasting impressions of thy goodness, and be so filled with the love of thee, and with the incomparable delights of thy service, and with such an early foretaste of heaven, that all the

wedding garment, even the  
blessed Saviour ; for then a  
welcome guest at thy table, w  
thither in the likeness of thy o  
Son, in whom thou art alway

O Heavenly Father, fill m  
faith, profound humility, fi  
pure affections, and univers  
raise in my soul all that zeal  
that love and desire, that jo  
that praise and thanksgiving,  
the remembrance of a cruc  
which become one redeemed  
of God ; and that, for his sake  
deemed me ; in whose holy w  
all the graces and blessings of  
in need : *Our Father*

FOR YOUNG PERSONS.

4

DIRECTIONS IN TIME OF RECEIVING.

IN time of receiving this Holy Sacrament, labour all you can to keep your heart affected with the public prayers, filling up all the vacant minutes with holy ejaculations, such as these which follow :

AT THE OFFERTORY.

BLESSED be thou, O Lord God, for all things come of thee, and of thy own do I now give thee \*.

O let my alms be a sacrifice acceptable and well-pleasing to thee †.

AT GOING TO THE LORD'S TABLE.

IN the multitude of thy mercies, O Lord God, do I now approach thy table : O pardon my sins, and receive me graciously. *Amen, Amen.*

AT THE CONSECRATION.

O BLESSED Jesu, in the bread broken, I call to mind thy body torn with whips, and

\* 1 Chron. xxix. 14.

† Phil. iv. 18.



thorns, and nails ; and in *the wine poured out*, I call to mind thy precious blood, shed for my sins.

Glory be to thee, O Lamb of God, that didst offer thyself a sacrifice to take away the sins of the whole world : Lord, have mercy on me, and take away mine also.

#### WHILST OTHERS ARE COMMUNICATING.

O MY God, whom have I in heaven but thee ? And there is none on earth I desire in comparison of thee\*.

As the hart panteth after the water-brooks, so panteth my soul after thee, O God †.

My soul is athirst for thee, O God, my God.

Blessed Saviour, I am thine, I am wholly thine ; for thou hast bought me with a price, with the inestimable price of thy own blood ‡.

Lord, suffer not the price of thy own blood to perish, and I will always glorify thee in my body, and in my spirit, which are thine.

---

If there be many communicants, and you have much vacant time, and want devout

\* Psalm lxxiii. 25. † Psalm xlii. 1. ‡ 1 Cor. vi. 20.

FOR YOUNG PERSONS.

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natter to employ your thoughts till all have communicated, you may then repeat the *Thanksgivings for Christ's Sufferings*, p. 54. either in whole or in part, as you see it needful.

WHEN THE PRIEST COMETH TOWARDS YOU.

O LORD GOD, I now desire to renew my covenant with thee, and to seal it in this sacrament.

Lord, put thy laws into my mind\*, and write them in my heart: and for the sake of that passion of thy Son, which I now commemorate, be merciful to my unrighteousness; my sins and my iniquities remember no more; be thou my God, and I will be thy servant. *Amen, Amen.*

O my soul, taste now, and see how gracious the Lord is †.

AFTER RECEIVING THE BREAD.

GLORY be to Thee, O Lord, who feedest me with the bread of life.

O Lord God, who didst sanctify us by the offering of the body of Jesus once for all ‡, sanctify me, even me, O Heavenly Father.

\* Heb. viii. 10.    † Psalm xxxiv. 8.    ‡ Heb. x. 10.

## AFTER RECEIVING THE CUP.

GLORY be to thee, O Lord Jesus, permittest me to drink of the fountain of life freely.

Blessed Saviour, thou hast loved us and washed us from our sins in thy own blood, and, therefore, to thee be glory and dominion for ever and ever. *Amen, Amen* \*.

Glory be to thee, O Jesus, my Lord and my God, for thus feeding my soul with thy most blessed body and blood: O let thy heavenly food infuse new life and vigour into my soul, and into the souls of all that communicate with me, that we may grow more humble and contrite for our sins, that we may all love thee, and serve thee with pure hearts, and delight in thee, and praise thee more than we have heretofore done. *Amen, Amen.*

---

After the congregation is dismissed, the first opportunity of retiring to your chamber, and there give God thanks in the following form for that great blessing which he has now made you a partaker.

\* Rev. i. 6.

A THANKSGIVING AFTER RECEIVING THE  
LORD'S SUPPER.

O how plentiful is thy goodness, O Lord, which thou hast laid up for those that fear thee, and put their trust in thy mercy \*.

Thou hast not only died for us on the cross, but hast united thyself to us in the Holy Sacrament, and become the very food, the life, the strength, the support of our souls.

What thanks then, gracious Lord, can I return to thee for that love which thou hast shewed to me, wretched sinner !

O, Lord, raise thou my devotion to the highest pitch to praise thee ; enlarge my soul to love thee !

How can I ever more offend thee, O crucified Saviour ! And yet, whilst I carry this body of sin about me, I fear I shall. But, Lord, I do from my heart renounce and abhor all things that displease thee ; I resolve, to the utmost of my power, to resist all temptations, and to become as totally thine as my frail nature will permit.

O, gracious Lord, who hast so infinitely loved us, and given us everlasting conso-

lation, and good hope through *grace*, comfort my heart, and for ever *establish it in* every good word and work; grant that I may never more pollute my soul, which thou hast now consecrated to be thy temple.

Blessing, and honour, and glory, and power, be unto him that sitteth on the throne, and to the Lamb for ever.

I will love thee, O Lord my King, and I will praise thy name for ever and ever.

Praise the Lord, O my soul; while I live will I praise the Lord: As long as I have any being, I will sing praises unto thee, O blessed Saviour, my King and my God.  
*Amen, Amen.*

## GENERAL DIRECTIONS

ON THE USE OF THESE AND THE FOLLOWING  
PRAYERS.

If opportunity, leisure, and devotion do at any time incline you like Daniel \* and holy David †, not only at morning and evening, but also at noon-day to pray to God, you may then use the prayer for particular Graces, p. 48, or the form of Resolution, p. 41, or of Oblation, p. 42, or the forms of General Thanksgiving, p. 74, or of Intercession, p. 77, as may best suit with the season and with your own affections.

If you find that any particular sin of which you are guilty, or any grace which you want, or any blessing for which you desire to give thanks, is not in these forms of prayer expressly mentioned, you can have no difficulty in supplying them as occasion requires; and in like manner, if you meet with any passages which are not suited to express your feelings, you are at liberty either to alter or omit them.

\* Dan. vi. 10.

† Psal. lv. 17.

believe me, nothing will r  
prayers and repentance, th  
pany them with fasting an  
example of *Cornelius*, w  
fastings, and alms, all join  
so acceptable to God \*, tha  
angel from heaven, and  
an apostle, and after the s  
Ghost, to confirm and enli

The kind of fasting which  
only the denying yourself, i  
the full indulgence of your

And I would caution yo  
against doing this so as to  
proved of by others; for th  
crisy, and is likely to puff y  
conceit of

## CONCERNING INFIRMITIES.

If, after all the care and pains you can take, and your petitions also for God's grace, you find in the performance of your duty, in your daily prayers, examinations, receiving the Holy Eucharist, or the like, great coldness and wanderings, and weariness of spirit, and that your heart is little affected, and that you fall very much short of the rules here laid down, and therefore are ready to conclude that all that you have done is in vain, be not disheartened at this; your being so much grieved for your failings, is an argument of filial tenderness, and of a desire to serve God better; and if you still continue your endeavours and prayers, patiently relying on God's infinite goodness, be assured that in his good time he will hear you.

Be not then afflicted, if you cannot come up exactly to the rules here given you: it is sincerity which God requires of us, and not perfection; for if there be a willing mind in us, it is accepted according to that which a man hath, and not according to that a man hath not\*. So that however your infirmi-



ties may humble, they ought not to discourage you.

For instance, suppose you should not be able, after all your endeavours, to shed any but few tears for your sins, be not too much cast down at it; for to be troubled for want of tears, is one sign of a good sorrow; and there may yet be true good sorrow without them.

Whensoever, then, you are troubled with an afflictive sense of your infirmities, I advise you to use the following prayer against failings, and to rest satisfied, that he that died for you, will both hear, and accept, and succour you.

#### A PRAYER AGAINST FAILINGS.

O THOU compassionate Saviour, look down from Heaven, and have mercy upon me, wretched sinner: O help me; for without thee I can do nothing as I ought; my very prayers and repentance are accompanied with so many failings, that I am sometimes afraid that thou, Lord, wilt not hear such prayers, nor regard such repentance.

But, O blessed Saviour, my Lord, my God, it is thy promise not to discoura

the humble and penitent: *thou wilt not* quench the smoking flax, or break the bruised reed \*.

Thou hast compassion upon the weakness of thy servants: thou art the good Shepherd of the sheep, who art described by the prophet as carrying the tender lambs in thy bosom, and gently leading those that be with young †.

Thou thyself hast felt human infirmities, and canst not but pity those that sigh under them ‡.

Why art thou then so heavy, O my soul, and why art thou so disquieted within me? O put thy trust in thy Saviour, who is the help of thy countenance, and thy God §.

O, gracious Lord, do thou pity me, and accept my weak and imperfect performance, and supply, by thy boundless mercy, all the defects in my duty; let it be thy pleasure that I should serve thee better, O Lord: increase, O Lord, thy succours of grace, and I shall then increase in my obedience.

O thou lover of souls, for the sake of thine infinite compassion which moved thee to die for me, hear me, and help me. *Amen*, Lord Jesus, *Amen*.

\* Matt. xii. 20. † Isa. xl. 11. ‡ Heb. ii. 10. iv. 15.

§ Psal. xliii. 5.

## A MANUAL OF PRAYERS

### A FORM OF GENERAL THANKSGIVING

*Proper to be used on the Great Festival  
of the Church.*

**WORTHY** art thou, O Lord of heaven and earth, to receive glory, and honour, and power; for thou hast created all things, and for thy pleasure they are, and we created\*.

Thou hast made the heaven, the heavens, with all their host, the earth, and all things that are therein: Thou preservest them all, and the host of heaven praises thee †.

Glory be to thee, O Lord God Almighty, for creating man after thine own image, making so many creatures to minister to use.

Glory be to thee, who givest us life, breath, and all things; who givest us fruit of seasons, and fillest our hearts with food and gladness ‡.

Glory be to thee, O Lord God, for many blessings and deliverances; for forbearance and long-suffering to this

\* Rev. iv. 11.    † Nehem. ix. 6.    ‡ Acts

nation: and for that *light of the Gospel* vouchsafed to us, of which so great a part of the world is destitute.

Glory be to thee, O Heavenly Father, for my being and preservation, strength and health, understanding and memory, for the dear relatives and kind friends which thou hast given me, and for all my abilities of mind and body.

Glory be to thee, O Heavenly Father, for my livelihood, for my education, for all my known or unknown deliverances from danger, and for the guard which thy holy angels keep over me.

But, above all, glory be to thee for giving thy only Son to die for my sins, and for all the spiritual blessings which he has purchased for me; for my admission by Baptism into his Church, for all my opportunities of serving thee, and of receiving the Holy Sacrament; for my escapes from sin; for whatever good I have done, for all thy gifts of grace, and all my hopes of heaven.

Glory be to thee, O Lord Jesus, for thy love to lost mankind: for condescending to take our frail nature on thee: for giving thy heavenly doctrine to instruct us, thy great miracles to convince us, and thy perfect example to be our guide.

Glory be to thee, O blessed *Jesus*,  
thine agony and bloody sweat, for all  
torments and anguish of thy bitter passi  
for thy glorious resurrection, thine asc  
sion into heaven, and intercession for u  
the right hand of thy Father.

O gracious Lord, thou that hast done  
much for me, how can I ever sufficien  
praise and love thee ?

Glory be to thee, O blessed Spirit, for  
the miraculous gifts and graces which t  
didst bestow on the Apostles, to fit them  
convert the world ; for instilling holy thoug  
into my soul, for all the strength, and s  
port, and comfort, and illumination wh  
we receive from thee ; for all thy preventi  
and restraining, and sanctifying grace.

Blessed Spirit, let me never more by  
sins grieve thee, who art the author of  
and joy.

Blessing, and honour, and thanksgivi  
and praise beyond what I can utter, or c  
ceive, be given unto thee, O Father, S  
and Holy Ghost, Three Persons in  
God, by all angels, and all men, and  
creatures, for ever and ever. *Amen.*

**A THANKSGIVING FOR THE FOUNDERS OF  
PUBLIC SCHOOLS.**

I GIVE thee humble and hearty thanks,  
O most merciful Father, for our founder,  
and all other our benefactors, from whose  
bounty we derive the blessings of religious  
education and useful learning; and I be-  
seech thee to give us grace so to use these  
thy blessings to the glory of thy name, that  
we may become profitable members in the  
Church and commonwealth, and be at last  
partakers of the immortal glory of the resur-  
rection, through Jesus Christ our Lord.  
*Amen.*

**A FORM OF GENERAL INTERCESSION,**

*Which may be used especially on Days of  
Public Fasting and Humiliation.*

HOLY, holy, holy, Lord God Almighty,  
I, a miserable sinner, humbly acknowledge  
that I am altogether unworthy to pray even  
for myself; but since thou hast commanded  
us to make prayers and intercessions for all  
men, in obedience to thy command, and in  
confidence of thy goodness, I humbly desire  
to commend to thy mercy the wants and ne-  
cessities of all mankind.

OF DEIL.

Particularly, O Lord God  
mercy for this sinful nation;  
of the land is exceedingly great  
thankful for thy blessings, in  
thy judgments, and unprofitable  
the means of grace; and what  
from thee, but to drink deeply  
thy wrath?

But, O Lord God, in the  
moment remember mercy: Turn  
Lord, and so shall we be  
favourable to thy people,  
grace to turn to thee in  
and mourning.

O Lord God, out of the  
mercies, give us grace to  
commandments and

to all Bishops, Priests, and Deacons, that both by their preaching and living they may set forth thy true and lively word.

O let it be thy good pleasure to save and defend our Sovereign Lord the King from all his enemies: grant him a long and happy reign over us; and endue him with all those gifts and graces which may make him a terror to evil works, and a promoter of thy glory.

Bless him and all the Royal family with all temporal good things, and with eternal glory in the world to come.

Lord, let it be thy good pleasure to grant to his Council, wisdom from above; to all magistrates, integrity, and zeal for religion; to the gentry and commonalty, pious and just, peaceable and loyal hearts; to our armies and navy, protection and victory; to the whole nation, healthful, and fruitful, and peaceable times.

Lord, let it be thy good pleasure to grant to all *Jews, Turks*, infidels, atheists, and heretics, conversion; to all malefactors and wicked men, timely repentance; to all holy persons, increase of grace and perseverance.

Lord, let it be thy good pleasure to bless all those whom I have any way wronged, and to forgive those that have wronged me;



to comfort the disconsolate ; to *give* health to the sick, ease to those that are in pain, patience to the afflicted, food to the hungry, clothes to the naked, liberty to the captive.

Lord, let it be thy good pleasure to bless my parents, my brothers and sisters, and my relations ; all my friends, and all my Governors, all my fellow-scholars, particularly—(*Here you may name them if you have occasion.*) Lord, thou best knowest all our conditions, all our desires, all our wants, do thou, therefore, suit thy graces and blessings to our several necessities of body and soul.

Hear, O merciful Father, my supplication and that for the sake of thy Son Jesus, who died for us all ; in whose holy words I stand up all my own, and the wants of all for whom I pray. *Our Father, &c.*

#### DIRECTIONS IN TIME OF SICKNESS.

If it please God to visit you with disease, let it be your first care to make your peace with Heaven ; for by taking you off from your usual studies and pursuits, God gives you call to repent ; delay not then in the beginning of your sickness to call your ways to reme-

brance, but let self-examination and repentance occupy the chiefest place in your thoughts.

Beware of deferring this duty because you are young, and think you may have time enough to repent hereafter; for you see that persons younger than yourself die, and you are not sure to outlive this distemper; and if you should put it off till your sickness becomes more severe, it may perhaps take away your senses; or if it does not, it will much more indispose you to prayer and recollection.

In the beginning of your sickness, begin your repentance; and say over this following prayer, and not only say, but endeavour to practise it:

PRAYER IN THE BEGINNING OF SICKNESS.

O Heavenly Father, who in thy wisdom knowest what is best for me, if it seem good in thy sight, remove this distemper from me, so that I may employ my health to thy glory, and praise thy name.

But if thou art pleased that it should greatly increase, I willingly submit to thy afflicting hand; for thou art wont to chastise those whom thou dost love; and I am sure thou wilt lay no more on me than thou wilt enable me to bear.

for all my sins past, a steady  
and sincere resolutions  
the time to come.

Deliver me from all  
patience, and give me  
to thy divine will: O suffi-  
to take away my senses, and  
tinually supply me with  
thoughts. Lord, bless all  
used for my recovery, and  
health; but if otherwise thou  
for me, thy blessed will be  
my affection from all things  
me with ardent desires after  
fit me for thyself, and at  
time bring me to those joys  
full of glory.

Trouble and heaviness have taken hold upon me; but my sure trust is in thee, O Lord.

Forsake me not, O my God, when my strength faileth me; haste thee to help me, O Lord God of my salvation\*.

Lord, teach me so to number my days, that I may apply my heart unto wisdom†.

Deal thou with me, O Lord, according to thy name, for sweet is thy mercy.

Lord, what is my hope? Truly my hope is even in thee.

O my soul, tarry thou the Lord's leisure: be strong, and he shall comfort thy heart, and put thou thy trust in the Lord.

Into thy hands I commend my spirit; for thou hast redeemed me, O Lord, thou God of truth!

In my Father's house are many mansions; and thou, Lord Jesus, art gone before to prepare a place for us, that where thou art, we may be also‡.

Lord, be merciful to me a miserable sinner.

O Lord God, we must all at the last day appear before thy judgment-seat: O cleanse me from my sins, that I may be found blameless at the coming of the Lord Jesus.

\* Psal. xxxviii. 21, 22. † Psal. xc. 12.

‡ John xiv. 2.

away my me, even  
peareth for a little time, and th  
away •.

Eye hath not seen, nor ear he  
heart of man conceived, the  
which God hath laid up for the  
him †.

I know, Lord, that thy ju  
right, and that thou of very fait  
caused me to be troubled †.

O Heavenly Father, my ho  
thy mercy, and in the merits  
of my Saviour: O, for his sak  
save me.

To these, and the like ej  
may add a *Psal*m either read  
to you

to send for a spiritual guide *who will give you more particular advice, and minister to all the necessities of your soul*; and, therefore, I shall only add this Form of Thanksgiving.

## A THANKSGIVING AFTER RECOVERY.

GLORY be to thee, O Heavenly Father, for the sickness with which thou hast in mercy visited me.

Before I was troubled, I went wrong; but now I will keep thy word \*.

It is good for me that I have been in trouble, that I might learn thy statutes.

Glory be to thee, O Lord, glory be to thee, for delivering me from the terrors of death, and restoring me to my health again.

I called upon the Lord in my trouble, and the Lord heard me at large †.

I shall not die, but live and declare the works of the Lord.

Praise the Lord, therefore, O my soul: as long as I have my life, which at first God gave me, and which he has now restored to me, I will sing praise unto his name.

\* Psal. cxix. 67.

† Psal. cxviii. 5.

obedience, and so to live in the  
of thee, all the remainder of r  
I may at last die at peace w  
peace with the whole world,  
with thee ; grant this for the  
well-beloved Son, and my Sav  
holy words I sum up all my  
*Father, &c.*

---

Reader, if you have reap  
from these Prayers and Ins  
God hearty thanks for it, an  
courage you to make the mor  
of them ; and may God of his  
bless them every day more an  
growth in grace, and to his

# THREE HYMNS,

BY THE

AUTHOR OF THE MANUAL OF PRAYERS FOR THE USE  
OF THE SCHOLARS OF WINCHESTER COLLEGE.

---

## A MORNING HYMN.

AWAKE, my soul, and with the sun,  
Thy daily stage of duty run,  
Shake off dull sloth, and joyful rise,  
To pay thy morning sacrifice.

Thy precious time mis-spent, redeem,  
Each present day thy last esteem,  
Improve thy talent with due care,  
For the great day thyself prepare.

In conversation be sincere,  
Keep conscience as the noon-tide clear.  
Think how all-seeing God thy ways,  
And all thy secret thoughts surveys.

Wake, and lift up thyself, my heart,  
And with the angels bear thy part,  
Who all night long unwearied sing  
High praise to the eternal King.

I wake, I wake, ye heavenly choir,  
May your devotion me inspire,  
That I like you my age may spend,  
Like you may on my God attend.

May I like you in God delight,  
Have all day long my God in sight,  
Perform like you my Maker's will,  
O may I never more do ill.



## AN EVENING HYMN.

All praise to Thee, who *safe hast kept*,  
 And hast refresh'd me whilst I slept ;  
 Grant, Lord, when I from death shall wake,  
 I may of endless light partake.

Lord, I my vows to Thee renew,  
 Disperse my sins as morning dew,  
 Guard my first springs of thought and will,  
 And with thyself my spirit fill.

Direct, controul, suggest this day,  
 All I design, or do, or say ;  
 That all my powers with all their might,  
 In thy sole glory may unite.

Praise God from whom all blessings flow,  
 Praise Him all creatures here below,  
 Praise Him above, ye heavenly host,  
 Praise Father, Son, and Holy Ghost.

## AN EVENING HYMN.

ALL praise to Thee my God this night,  
 For all the blessings of the light,  
 Keep me, O keep me, King of kings,  
 Beneath thine own almighty wings.

Forgive me, Lord, for thy dear Son,  
 The ill that I this day have done ;  
 That with the world, myself, and Thee,  
 I, ere I sleep, at peace may be.

Teach me to live, that I may dread  
 The grave as little as my bed ;  
 To die, that this vile body may,  
 Rise glorious at the awful day.

O ! may my soul on Thee repose,  
 And with sweet sleep mine eye-lids close ;  
 Sleep that may me more vig'rous make,  
 To serve my God, when I awake.

A MIDNIGHT HYMN.

89

When in the night I sleepless lie,  
My soul with heavenly thoughts supply;  
Let no ill dreams disturb my rest,  
No powers of darkness me molest.

O may my Guardian while I sleep,  
Close to my bed his vigils keep,  
His love angelical instil,  
Stop all the avenues of ill.

May he celestial joys rehearse,  
And thought to thought with me converse,  
Or in my stead all the night long,  
Sing to my God a grateful song.

Praise God from whom all blessings flow,  
Praise Him all creatures here below,  
Praise Him above, ye heavenly host,  
Praise Father, Son, and Holy Ghost.

A MIDNIGHT HYMN.

My God, now I from sleep awake,  
The sole possession of me take,  
From midnight terrors me secure,  
And guard my heart from thoughts impure.

Bless'd angels! while we silent lie,  
You hallelujahs sing on high,  
You joyful hymn the ever bless'd,  
Before the throne, and never rest.

I with your choir celestial join,  
In offering up a hymn divine,  
With you in Heaven I hope to dwell,  
And bid the night and world farwell.

Give me a place at thy saints' feet,  
Or some fall'n angel's vacant seat;  
I'll strive to sing as loud as they,  
Who sit above in brighter day.

## A MIDNIGHT HYMN.

O may I always ready stand,  
 With my lamp burning in my hand;  
 May I in sight of Heav'n rejoice,  
 Whene'er I hear the Bridegroom's voice.

Bless'd Jesu, Thou on Heaven intent,  
 Whole nights hast in devotion spent;  
 But I, frail creature, soon am t'ed,  
 And all my zeal is soon expir'd.

Shine on me, Lord, new life impart,  
 Fresh ardours kindle in my heart;  
 One ray of thy all-quick'ning light,  
 Dispels the sloth and clouds of night.

Lord, lest the Tempter me surprise,  
 Watch over thine own sacrifice;  
 All loose, all idle thoughts, cast out,  
 And make my very dreams devout.

Praise God from whom all blessings flow,  
 Praise Him all creatures here below,  
 Praise Him above, ye heavenly host,  
 Praise Father, Son, and Holy Ghost.

THE END.





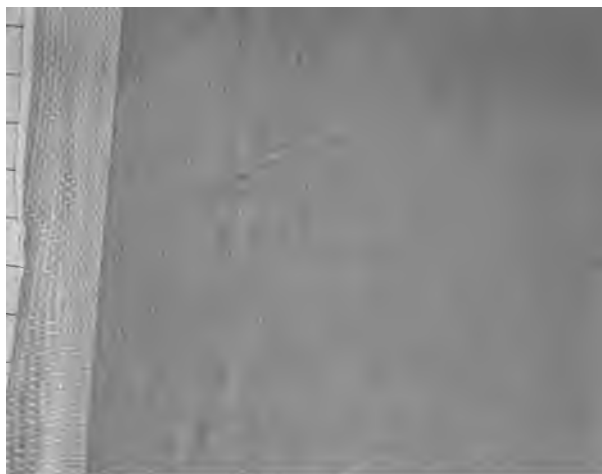


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